

Play is the key way children learn about themselves, others and the world they live in. It is essential to their learning, development, health, and physical, mental and social well-being – and it's FUN! Play provides the building blocks to be ready for school.



Making Books

Children enjoy making books with a little help along the way.

Did you know?

Children are ready to include simple story ideas in their book.

Add language

Children often enjoy repetition and rhyme in stories at this age.

Encourage “story language” e.g. Talk about how the story starts, what happens in the middle, and how the story ends.

Other development

Cutting out and gluing or drawing their own pictures both help to develop your child's fine motor skills.

Books with colour, number or shape themes develop and reinforce these important concepts.

Write down, in their own words, what your child tells you. This helps them learn that what they say can be written and read back.

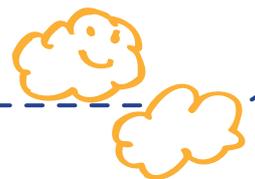
Variations

Small books can be made from one sheet of paper with this clever design. (<http://www.better-beginnings.com.au/resources/books-go-template>)



Making a book with your child about your their day or week can help develop their self-esteem and is great to share if family members are away.

Sitting together and choosing pictures from your phone or camera to illustrate their story gives lots of opportunity to practice recounting an event and developing thinking and reasoning skills.



- Playgroup WA has a treasure trove of play activities for babies, toddlers and 3-5 year olds, for home and playgroup. These play activities cover a balanced diet of play across sensory, movement, language and thinking skill areas.

You can find them at www.playgroupwa.com.au/playideas or visit www.facebook.com/playgroupwa

