

Play is the key way children learn about themselves, others and the world they live in. It is essential to their learning, development, health, and physical, mental and social well-being – and it's FUN! Play provides the building blocks to be ready for school.



More fun with books

Babies love sharing books with you. It is a wonderful time to share a cuddle and build special bonds between you.

Did you know?

Lift the flap books help babies develop eye-hand coordination, dexterity (finger movement and control) and cognitive (memory and thinking) skills.

Usually one to three minutes of book sharing at a time is enough for babies. Don't worry about finishing the whole book.

Other development

Babies learn through their senses. Babies love books with colourful pictures, different textures (e.g. touch & feel) and noises.

Show interest, joy and excitement when you share books with your baby. When you do this often, your baby will learn to associate books with pleasure. This will create a love of books and reading. This can last a lifetime!

The best way to help your child learn to read is to have fun sharing books right from birth.

Variations

Books are good to have with you when you go out together. They come in very handy to occupy your baby if you have to wait somewhere.



- Playgroup WA has a treasure trove of play activities for babies, toddlers and 3-5 year olds, for home and playgroup. These play activities cover a balanced diet of play across sensory, movement, language and thinking skill areas.

You can find them at www.playgroupwa.com.au/playideas or visit www.facebook.com/playgroupwa