

Playfully preparing for school

PLAYGROUP

Play is the key way children learn about themselves, others and the world they live in. It is essential to their learning, development, health, and physical, mental and social well-being – and it's FUN! Play provides the building blocks to be ready for school.

Bubbles

Bubbles are a great activity for all ages and so are perfect for playgroups. Babies can watch from an adult's arms, following the movement of the bubbles, while younger children chase and pop the bubbles blown by older children and adults. Bubbles can bring lots of energy to a group as they have fun together.

Did you know?

Taking turns when blowing bubbles is a playful way for children to learn to wait, take turns and share.

Other Development

Bubbles give lots of opportunities to encourage resilience and persistence. You can help children to develop these coping skills by using positive talk to work through challenges e.g. "Oh it didn't work... try again", "Oh it spilt, let's see if we can fix that. Maybe we can get some more."

Variations

Try popping the bubbles in different ways to practise different skills. Pop with a pointer finger, clap between hands or stomp on them.



- Playgroup WA has a treasure trove of play activities for babies, toddlers and 3-5 year olds, for home and playgroup. These play activities cover a balanced diet of play across sensory, movement, language and thinking skill areas.

You can find them at www.playgroupwa.com.au/playideas or visit www.facebook.com/playgroupwa