

Play is the key way children learn about themselves, others and the world they live in. It is essential to their learning, development, health, and physical, mental and social well-being – and it's FUN! Play provides the building blocks to be ready for school.



Bubbles

Blowing bubbles is a great way to take time out. You can blow the bubbles for your child, or if they are ready, try taking turns.

Did you know?

Bringing the lips together and blowing helps toddlers use this movement in speech.

Add language

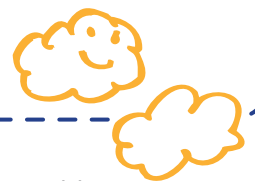
Try waiting before you blow the bubbles, encouraging your child to ask for "more".

Other development

Blowing bubbles for your baby during tummy time can be a fun way to develop head control as they look up and watch the bubbles float past. When playing with bubbles your toddler is learning to judge distances as they have fun chasing and catching them! When bubbles move slowly through the air, your toddler has more time to coordinate their eyes and hands together.

Variations

Try popping the bubbles in different ways to practise different skills. Pop with a pointer finger, clap between hands or stomp on them.



- Playgroup WA has a treasure trove of play activities for babies, toddlers and 3-5 year olds, for home and playgroup. These play activities cover a balanced diet of play across sensory, movement, language and thinking skill areas.

You can find them at www.playgroupwa.com.au/playideas or visit www.facebook.com/playgroupwa