

Play is the key way children learn about themselves, others and the world they live in. It is essential to their learning, development, health, and physical, mental and social well-being – and it's FUN! Play provides the building blocks to be ready for school.



Recycled tubes

Babies love to watch or join in playing with balls and tubes.

Did you know?

Babies love posting objects down a tube. For a baby who can sit, hold the tube ready for them to post the ball. This is a fun way to learn placement skills and understand cause and effect. For babies who are learning to crawl, chasing the ball as it pops out the end of the tube is great motivation.

Add language

Repeat simple words that match your baby's actions e.g. "Put in". Repetition helps your baby learn words and focus their attention.

Other development

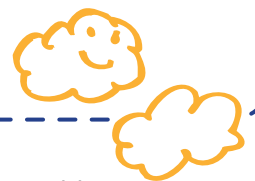
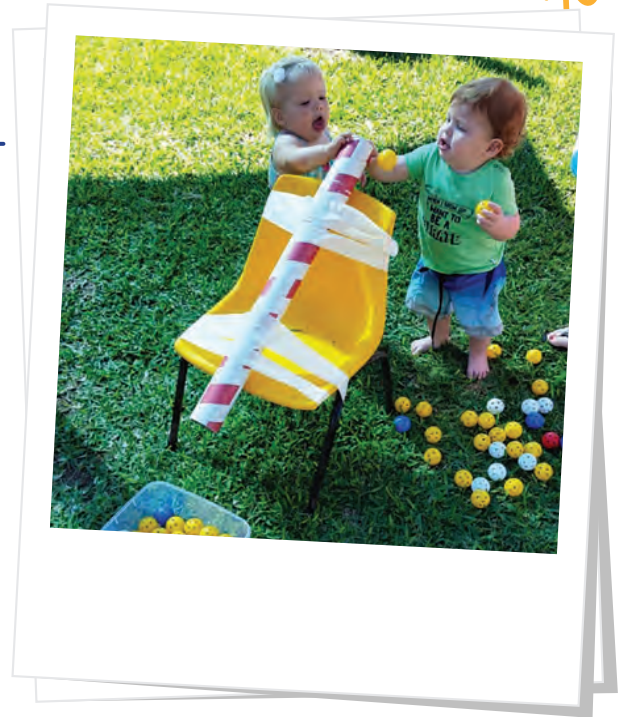
Watching the ball disappear down the tube then reappear helps your baby to learn that the ball still exists even when they can't see it (this is known as object permanence).

Variations

Having an older baby sit on your lap to move from sitting to standing to post the ball can be a fun way to practise this skill

Safety

Choose balls large enough to not be a choking hazard.



- Playgroup WA has a treasure trove of play activities for babies, toddlers and 3-5 year olds, for home and playgroup. These play activities cover a balanced diet of play across sensory, movement, language and thinking skill areas.

You can find them at www.playgroupwa.com.au/playideas or visit www.facebook.com/playgroupwa