

Play is the key way children learn about themselves, others and the world they live in. It is essential to their learning, development, health, and physical, mental and social well-being – and it's FUN! Play provides the building blocks to be ready for school.



Puzzles

Your baby can have lots of fun developing their skills by playing with puzzle-like toys.

Did you know?

Stacking rings or cups, posting boxes and shape sorters help to develop your baby's placement, problem solving and fine motor skills – which are required for completing puzzles later on.

Babies learn to match simple colours and shapes, recognise and sort objects, and develop their memory while playing with puzzle-like toys.

Add language

Match words to the actions your baby is doing e.g. put in/take out, put on/take off. Provide the names for simple shapes and colours as your baby holds or moves them.

Other development

Older babies will enjoy simple form board puzzles – single or only a few large puzzle pieces with knobs, within a frame. These help to develop your baby's eye-hand coordination and early pinch grasp.



- Playgroup WA has a treasure trove of play activities for babies, toddlers and 3-5 year olds, for home and playgroup. These play activities cover a balanced diet of play across sensory, movement, language and thinking skill areas.

You can find them at www.playgroupwa.com.au/playideas or visit www.facebook.com/playgroupwa