

Play is the key way children learn about themselves, others and the world they live in. It is essential to their learning, development, health, and physical, mental and social well-being – and it's FUN! Play provides the building blocks to be ready for school.



Playdough

Although babies may be too young for playdough they can enjoy other sensory experiences.

Babies can enjoy exploring many safe kitchen implements and touching ingredients such as flour and water if you are preparing playdough for older siblings.

Did you know?

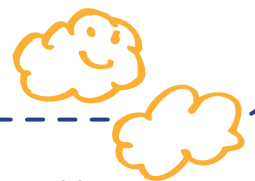
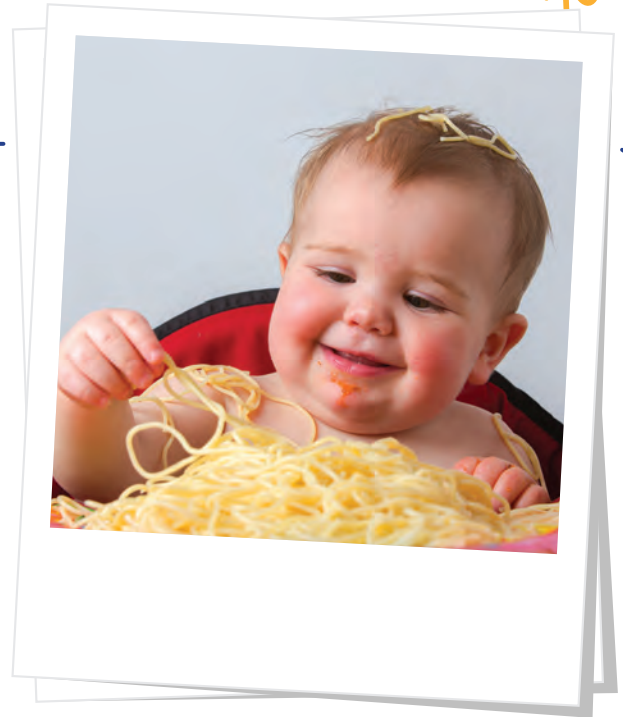
Finger feeding and playing with food can be messy fun.

Add Language

Use words to describe what it is and how it feels, e.g. warm, cold, soft, sticky.

Other development

Finger feeding and playing with food can be messy fun that also gets your baby interested in food! If you can, relax and let your baby explore the texture of their food. This helps them to accept a wide range of foods and food textures.



- Playgroup WA has a treasure trove of play activities for babies, toddlers and 3-5 year olds, for home and playgroup. These play activities cover a balanced diet of play across sensory, movement, language and thinking skill areas.

You can find them at www.playgroupwa.com.au/playideas or visit www.facebook.com/playgroupwa