

Play is the key way children learn about themselves, others and the world they live in. It is essential to their learning, development, health, and physical, mental and social well-being – and it's FUN! Play provides the building blocks to be ready for school.



Making Books

Simple baby books are easy to make.

Did you know?

Simple clear pictures are best for babies. This helps them link real world objects to the picture on the page.

Language and other development

Small photo books of familiar people or objects are helpful in developing connections between real world objects and pictures representing them. When you point to the picture and name the person or object, you help build your baby's word knowledge.

Variations

Cloth 'touch and feel' books are fun to make if you are a crafty parent or carer. Ribbons to pull and textures to feel make these good toys to bring along on outings.

Using different textures provides new sensory experiences for your child.

Sticking the pictures on cardboard will make the book more durable and easier for pages to be turned.



Safety

Supervise your baby with home made books to prevent your baby swallowing items if they become loose.

📖 Playgroup WA has a treasure trove of play activities for babies, toddlers and 3-5 year olds, for home and playgroup. These play activities cover a balanced diet of play across sensory, movement, language and thinking skill areas.

You can find them at www.playgroupwa.com.au/playideas or visit www.facebook.com/playgroupwa

