

Play is the key way children learn about themselves, others and the world they live in. It is essential to their learning, development, health, and physical, mental and social well-being – and it's FUN! Play provides the building blocks to be ready for school.



Making Books

Making a book with your toddler is simple and fun to do.

Did you know?

Making the book together is a good way to talk about which way the words and pictures work within a book. You can use photo's or pictures that are relevant to your child.

Add language

Providing pictures for your toddler to choose between can assist your child's language development. "Shall we put the dog or the cat next?" Sorting pictures helps with their grouping and categorisation skills.

Other development

Junk mail is great for tearing or cutting out pictures to make into books. Tearing and cutting out pictures builds up your toddler's fine motor and scissor skills.

Rubbing the glue on the back of the picture is a fun activity for this age and helps develop pre-writing skills (or finger coordination).



Variations

Children of this age often have strong favourites. Making a book about your child's favourite colour or animal can help develop their sense of self.

- 📌 Playgroup WA has a treasure trove of play activities for babies, toddlers and 3-5 year olds, for home and playgroup. These play activities cover a balanced diet of play across sensory, movement, language and thinking skill areas.

You can find them at www.playgroupwa.com.au/playideas or visit www.facebook.com/playgroupwa