

Play is the key way children learn about themselves, others and the world they live in. It is essential to their learning, development, health, and physical, mental and social well-being – and it's FUN! Play provides the building blocks to be ready for school.



## Sharing books

**Book sharing can become a special part of your playgroup's regular routine, and can be enjoyed in a variety of ways.**

### Did you know?

Sharing books at playgroup gives children of different ages the opportunity to share the fun of stories together.

### Add language

Books with rhyme and repetition are especially good for sharing at playgroup with children often joining in together with familiar words.

### Variations

Why not have a quiet corner set up at playgroup with some simple baby picture books. They are great for sharing with an adult or for children looking through on their own. Including a story-time at playgroup is a great way for getting all the children together and can be a great way to signal to children that it is almost home-time. Parents could take turns telling a story while other parents tidy up.



- Playgroup WA has a treasure trove of play activities for babies, toddlers and 3-5 year olds, for home and playgroup. These play activities cover a balanced diet of play across sensory, movement, language and thinking skill areas.

You can find them at [www.playgroupwa.com.au/playideas](http://www.playgroupwa.com.au/playideas) or visit [www.facebook.com/playgroupwa](https://www.facebook.com/playgroupwa)