

Play is the key way children learn about themselves, others and the world they live in. It is essential to their learning, development, health, and physical, mental and social well-being – and it's FUN! Play provides the building blocks to be ready for school.



## Tea party

**Babies love playing with chunky plastic cups and spoons.**

### Did you know?

Play with real objects helps babies explore how things work and practise their motor and coordination skills.

### Add language

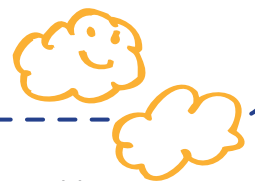
Provide the words that go with what your baby is seeing, hearing and doing.

### Other Development

Practising with a spoon builds your baby's skills to be able to feed themselves.

### Safety

Use child safe cups and spoons which won't break easily.



🔖 Playgroup WA has a treasure trove of play activities for babies, toddlers and 3-5 year olds, for home and playgroup. These play activities cover a balanced diet of play across sensory, movement, language and thinking skill areas.

You can find them at [www.playgroupwa.com.au/playideas](http://www.playgroupwa.com.au/playideas) or visit [www.facebook.com/playgroupwa](https://www.facebook.com/playgroupwa)