Play is the key way children learn about themselves, others and the world they live in. It is essential to their learning, development, health, and physical, mental and social well-being – and it’s FUN! Play provides the building blocks to be ready for school.

Tea party

Babies love playing with chunky plastic cups and spoons.

Did you know?

Play with real objects helps babies explore how things work and practise their motor and coordination skills.

Add language

Provide the words that go with what your baby is seeing, hearing and doing.

Other Development

Practising with a spoon builds your baby’s skills to be able to feed themselves.

Safety

Use child safe cups and spoons which won’t break easily.

Playgroup WA has a treasure trove of play activities for babies, toddlers and 3-5 year olds, for home and playgroup. These play activities cover a balanced diet of play across sensory, movement, language and thinking skill areas.

You can find them at www.playgroupwa.com.au/playideas or visit www.facebook.com/playgroupwa