Playfully preparing for school

Play is the key way children learn about themselves, others and the world they live in. It is essential to their learning, development, health, and physical, mental and social well-being – and it’s FUN! Play provides the building blocks to be ready for school.

Tea party

Children love acting out pretend tea parties or café dates.

Did you know?

Increasingly complex pretend play helps emotional, social and cognitive development. Children can explore different roles and practise social skills in taking turns to be the waiter or customer.

Add language

Use new or more specific words such as “delicious” instead of “yummy”, “Would you like the smartie biscuit or the melting moment?”, ask for the “bill” and “Where is my change?” when you pay.

Other Development

Checking if you have enough cups for everyone and sharing out food equally develops early math concepts.

Variations

You could use play dough to make food for the tea party. Try changing the scene to a tea party at home or different kinds of restaurants and pretend to write down orders, make the drinks and serve.

Playgroup WA has a treasure trove of play activities for babies, toddlers and 3-5 year olds, for home and playgroup. These play activities cover a balanced diet of play across sensory, movement, language and thinking skill areas.

You can find them at www.playgroupwa.com.au/playideas or visit www.facebook.com/playgroupwa