Play is the key way children learn about themselves, others and the world they live in. It is essential to their learning, development, health, and physical, mental and social well-being – and it’s FUN! Play provides the building blocks to be ready for school.

Tea party

Toddlers love pouring pretend cups of tea and pretending to feed their toys.

Did you know?

Pretend play helps toddlers to use things to represent ideas and make believe.

Add language

Pretending to share food/drink gives opportunities to use simple phrases and to keep a conversation going e.g. “teddy’s thirsty”, “have some tea”, “too hot”, “milk please”, “blow on it”, “more tea”.

Other Development

Using cups and spoons allows toddlers to practise developing coordination skills.

Variations

Have a teapot and cups of different sizes in the bath. Pouring water into different size containers builds science and math concepts.

Playgroup WA has a treasure trove of play activities for babies, toddlers and 3-5 year olds, for home and playgroup. These play activities cover a balanced diet of play across sensory, movement, language and thinking skill areas.

You can find them at www.playgroupwa.com.au/playideas or visit www.facebook.com/playgroupwa