



# Discover Playgroup

*Fun and learning for  
babies and under-fives*



# What is Playgroup?

*A playgroup is a group of mums, dads, grandparents and caregivers who meet together each week with their babies, toddlers and preschoolers for interaction and fun.*

*Parents and caregivers work together to provide their babies and young children with opportunities to learn through play.*



## Why go to Playgroup?

*Children under five are going through a stage of rapid brain and skill development.*

*For optimum development your young child needs a stimulating environment to play and learn.*

Playgroups offer babies, toddlers and young children a wide variety of early learning experiences. It's a great way for your child to learn about the world, make friends and develop social skills.

Playgroup also gives mums, dads, grandparents and caregivers a chance to meet to share ideas and experiences. Many long-term friendships begin at Playgroup.

## Where do I go?

Playgroups are usually held once a week for a two hour session, and can be found in a variety of venues such as community and neighbourhood centres, council halls, preschools and kindergartens, church halls and people's homes.

*Why not move your Mothers' Group into a playgroup and reap the rewards? Existing playgroups have vacant sessions waiting for you!*



## At Playgroup

### *Your child will:*

- ✓ Have fun
- ✓ Learn how to share through play
- ✓ Discover how to get along with other children
- ✓ Learn and develop new skills
- ✓ Find out more about the world around them
- ✓ Enhance healthy early brain development through play
- ✓ Improve their ability to reason and problem solve

### *You will:*

- ✓ Meet new friends
- ✓ Discover new ideas for having fun at home
- ✓ Build support networks
- ✓ Get out and about
- ✓ Share experiences and ideas
- ✓ Enjoy having quality time with your children
- ✓ Develop a greater understanding of children and being a parent

# Learn and grow through play!

*You may be a mum, dad, caregiver,  
grandparent or family member –  
everyone is welcome.*

*Playgroups are as different as the  
people in them.*

*There is a playgroup that is just  
right for you!*



# HOW do I become a Playgroup WA member?

To join an existing playgroup you can either:

- ✓ Visit “Find a Playgroup” on our website where you can search by area or playgroup type. The contact details for the playgroups will be displayed from your search
- ✓ Call our Hotline on 1800 171 882 or send us an email at [hotline@playgroupwa.com.au](mailto:hotline@playgroupwa.com.au)

If you wish to start a new playgroup, we can provide information and resources to guide you through the process.

## Need advice?

-  [facebook.com/PlaygroupWA](https://facebook.com/PlaygroupWA)
-  1800 171 882 (Toll Free)
-  [playgroupwa.com.au](https://playgroupwa.com.au)
-  [hotline@playgroupwa.com.au](mailto:hotline@playgroupwa.com.au)

