

PIZZA* & PAPER PLANES

Celebrating Father's Day at Playgroup

WHAT IS IT

Celebrate Father's Day with a fun-filled **Pizza and Paper Planes event** at your playgroup! Invite dads and father-figures along to playgroup with their kids for a day of creativity, competition and camaraderie! This can be during your usual session time or could be at another time like breakfast before work or on the weekend!

WHAT YOU NEED

PAPER PLANE SUPPLIES

- Paper in different sizes
- Tape
- Colouring pencils/texters
- Stickers and decorating supplies
- Paper plane template
- Prizes and/or certificates

*PIZZA (OR YOUR PREFERRED FOOD)

Have your attendees pitch in \$5 each for pizza or your preferred food or have everyone bring a plate to share! Tailor the experience to your playgroup, you may prefer a sausage sizzle or if you're planning a morning session you may choose to supply pancakes, muffins etc.

INCLUSION

All father-figures are welcome! Whether it's dads, granddads, uncles, or any special male role models, everyone is welcome! Mothers and other caregivers are more than welcome to participate and enjoy the day too. **All families are encouraged to come and join in the fun!**



WHAT TO DO

WELCOME & PIZZA TIME

Welcome your families and share in some food to give everyone time to socialise, get to know each other and settle in.

PLANE CRAFTING SESSION

Gather around the tables to make paper planes. Provide a variety of paper and decorating materials for everyone to create their own unique designs.

PRACTICE FLYING

Move to the open space where participants can practice flying their planes. Set up targets such as buckets or hula hoops for extra fun and challenge.

PAPER PLANE COMPETITIONS

Organise friendly competitions with categories like longest flight and best design. Award prizes/certificates to winners and celebrate everyone's efforts.

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COMPETITIONS

Here are some ideas for paper plane competitions

- **Longest flight:** Measure the distance each plane flies. Use a tape measure or marked floor to track the furthest.
- **Most accurate landing:** Set up targets like buckets or hula hoops. Award points based on how close the planes land to the target.
- **Best Design:** Have a panel of judges or let participants vote on the most creative plane design. Consider categories like "Most Artistic" or "Most Innovative."
- **Best trick:** Challenge participants to create planes that perform a specific trick, like a loop-de-loop. Award points based on creativity and execution.

TIPS

- Include hula-hoops or buckets to aim the paper plane landing
- Set up a practice area where everyone can test out their planes
- Provide a small prize for winners or use the certificates provided
- If there are children without a father or father-figure, consider pairing up in teams so no one feels left out!
- Have other activities set up such as skipping ropes, balls or other sports equipment to keep energetic bodies and minds busy!

CONNECTING DADS

- Put up posters and/or share flyers and resources about how and why to start an online dad's group through The Fathering Project
- Encourage dads to attend playgroup with their child
- If they can't make it to a current session, why not set up a new Dad's session!
- Leave a time at the end of the event to exchange contact details if they would like to



RESOURCES

For information and resources for dads and father-figures, head to thefatheringproject.org